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| NCRA logo  180 Metcalfe St, Suite 608  Ottawa, Ontario K2P 1P5  (613) 321-1440  www.ncra.ca  *For more information on how to fill out this form, see the grant or e-mail information submitted when you agreed to the project or visit our website here:*  [*www.ncra.ca/submitting*](http://www.ncra.ca/submitting)  *Content may be uploaded to the ncra.ca website and its networks*  *Please complete and return to the best of your abilities*  *Most completed sheets and audio is submitted to barry@ncra.ca* |  |

NCRA Audio Submission Form  
*Last Updated Jan 2016*

Name of project/grant:

Deep Down Inside / RVF

Name of producing station:

CFUZ (Peach City Radio)

Name of producer:

Lydia Frederick

Contact information of producer or station coordinator:

Lydia Frederick 250 689 1670

[lilifrederick@hotmail.com](mailto:lilifrederick@hotmail.com)

Short bio of producer (1 paragraph, 250 max words):

Lydia is a French Canadian from Quebec City living in the Okanagan BC where she works in agriculture. She is also the Membership Director of Peach City Radio (the community radio station in Penticton) where she produces a series of audio documentaries.

1-2 Sentence description of the show:

Deep Down Inside is an intimate and hopeful look into the making of a relationship without a common language.

Longer description of show/content (500 word max, to go on website -please provide shortened detail on each information update or audio capsule):

Deep Down Inside is an intimate and hopeful look into the making of a relationship without a common language. Through love and human's kindness, it inspires to break down the barriers of language and culture and not let them holding us back from connecting with each other...because, really, deep down inside we're all the same.

Songs played (If any):  
\*Required for SOCAN and [CRTC Logging](http://www.crtc.gc.ca/eng/cancon/r_cdn.htm) - Add lines if needed

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| [CRTC Cat](http://www.crtc.gc.ca/eng/archive/2010/2010-819.HTM) | Artist | Composer(s) | Song Name | [CanCon (Y/ N)](http://www.crtc.gc.ca/eng/info_sht/r1.htm) | Length of Song | Time of Song |
| 31 | Ludovico Einaudi | Ludovico Einaudi | Interludio 3 | N | 15s + 1m15s back ground | Starts at 00:45 |
| 33 | Bossa'n Roses | Bossa'n Roses | Intro | N | 30s back ground | Sarts at 4:21 |
| 22 | The starshine orchestra and singers | Willie Nelson | On the road again | N | 14s + 14s back ground | Sarts at 6:44 |
| 31 | Ennio Morricone | Ennio Morricone | The good the bad and the ugly | N | 10s + 15s back groung | Stars at 08:18 |
| 21 | The Beatles | Lennon-McCartney | All you need is love | N | 8s +50s back ground | Stars at 09:55 |
| 24  23  32 | Zack Hemsey  La botine souriante  Patrck Watson | Zack Hemsey  La botine souriante  Patrick Watson | The way  La ziguezon  The way | N  Y  Y | 1m15s back ground  5s + 1m back ground  30s | Starts at 11:50  Starts at 20:00  Starts at  26:57 |

**Are the songs above "Copyright Free", i.e. in the** [**public domain**](http://library.ryerson.ca/copyright/resources/general-copyright-information/copyright-basics/)**?: No**

**Length of audio:** 28 min

**Other Information (If necessary):**

**Format for Payment (If applicable):** If possible, e-transfer to lilifrederick@hotmail.com

**Name on Cheque (If applicable):**

**Location of Cheque to be sent (If applicable):**